



FEBRUARY 2010

CHICAGO PUBLIC SCHOOLS



Preferred

*District Supplied Milk - **Made From Turkey

LUNCH

*Fresh Fruit Subject to Seasonal Availability

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 HOMESTYLE CHILI or CHIPOTLE BEAN BOWL Green Beans Fresh Orange^ Tortilla Rounds (Whole Grain)	2 MEATBALL SUB or CHEESE LASAGNA Soft Breadstick Garden Green Peas Mixed Fruit Cup	3 POPCORN CHICKEN Potato Rounds or MACARONI & CHEESE W/MIXED VEGETABLES Fresh Pear^ Whole Grain White Bread	4 FRENCH BREAD PEPPERONI PIZZA or FRENCH BREAD CHEESE PIZZA Fresh Baby Carrots Chilled Peaches	5 CHEESEBURGER or BEAN & CHEESE BURRITO Whole Kernel Corn Applesauce Multi Grain Sun Chips
8 WHOLE WHEAT PENNE PASTA W/ MEAT SAUCE Soft Breadstick or CHEESE CROISSANT Garden Green Peas Fresh Apple^	9 HOT DOG or VEGETARIAN CHILI Corn Muffin Potato Rounds Diced Peas	10 CHICKEN NUGGETS Whole Grain White Bread or BEAN & CHEESE BURRITO Green Beans Fresh Orange^	11 	12 
15  President's Day	16 TURKEY TACO MEAT Tortilla Rounds (Whole Grain) or CHEESE QUESADILLA Refried Beans Frozen Juice Bar	17 CHEESE CROISSANT or CHIPOTLE BEAN BOWL Tortilla Rounds (Whole Grain) Chopped Broccoli Fruited Gelatin	18 HAMBURGER or VEGGIE NUGGETS Whole Grain White Bread French Fries Fresh Pear^	19 FRENCH BREAD CHEESE PIZZA Fresh Baby Carrots Pineapple Tidbits Honey Wheat Pretzels
22 ROTINI BAKE W/MEATSAUCE Soft Breadstick or BEAN & CHEESE BURRITO Green Beans Fresh Orange^	23 RIB-B-QUE or TOASTED CHEESE SANDWICH Baked Beans Chilled Peaches	24 TURKEY BAGEL DOG Potato Rounds or CHEESY CHILI NACHOS Tortilla Rounds (Whole Grain) Fresh Apple^ Chocolate Chip Cookie	25 TERIYAKI GLAZED CHICKEN WITH FRIED RICE or CHEESE LASAGNA Whole Kernel Corn Mixed Fruit Cup Whole Grain White Bread	26 CHEESE PIZZA (WHOLE WHEAT) Fresh Baby Carrots Diced Peas
				

***ALL MEALS SERVED WITH APPROPRIATE BUNS, CONDIMENTS AND A CHOICE OF MILK.*MENU SUBJECT TO CHANGE.



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BREAKFAST

*Fresh Fruit Subject to Seasonal Availability

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 BUTTERMILK WAFFLES or ASSORTED KELLOGG'S CEREAL Graham Crackers Grape Juice	2 PIZZA BAGEL or ASSORTED KELLOGG'S CEREAL Cinnamon Bun Superstix Chilled Peaches	3 CHEDDAR CHEESE OMELET Graham Crackers or ASSORTED KELLOGG'S CEREAL Yogurt Orange Pineapple Juice	4 GOLDEN PANCAKE WITH TURKEY SAUSAGE PATTY or BANANA MUFFIN Fresh Apple [^]	5 BREAKFAST TOASTED CHEESE SANDWICH or ASSORTED KELLOGG'S CEREAL Cinnamon Breakfast Square Diced Pears
8 FRENCH TOAST STICKS or ASSORTED KELLOGG'S CEREAL Apple Granola Square Mixed Fruit Cup	9 CHICKEN BISCUIT or ASSORTED KELLOGG'S CEREAL Strawberry Pop Tart Blended Fruit Juice	10 PANCAKE & TURKEY SAUSAGE ON A STICK or BLUEBERRY MUFFIN Applesauce	11 	12 
15  President's Day	16 MINI PANCAKES or ASSORTED KELLOGG'S CEREAL Cinnamon Breakfast Square Orange Juice	17 BREAKFAST BURRITO or BAGEL WITH CREAM CHEESE Pineapple Tidbits	18 BEEF SAUSAGE PATTY ON A BISCUIT or ASSORTED KELLOGG'S CEREAL Graham Crackers Grape Juice	19 BUTTERMILK WAFFLES or ASSORTED KELLOGG'S CEREAL Apple Muffin Fresh Banana [^]
22 PANCAKE & TURKEY SAUSAGE ON A STICK or ASSORTED KELLOGG'S CEREAL Graham Crackers Diced Pears	23 CINNAMON SWIRL FRENCH TOAST or BANANA MUFFIN Orange Pineapple Juice	24 PIZZA BAGEL or ASSORTED KELLOGG'S CEREAL Superstix with Strawberry Cream Cheese Grape Juice	25 BREAKFAST TOASTED CHEESE SANDWICH or ASSORTED KELLOGG'S CEREAL Apple Granola Square Fresh Orange [^]	26 BREAKFAST QUESADILLA or ASSORTED KELLOGG'S CEREAL Yogurt Mixed Fruit Cup
				

***ALL MEALS SERVED WITH APPROPRIATE BUNS, CONDIMENTS AND A CHOICE OF MILK.* MENU SUBJECT TO CHANGE.



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